

Kinesiology – Emphasis Exercise Science B.S. Course Planning Guide

- Does not guarantee course availability and must be used in consultation with your Academic Advisor.
- Area B through Area E courses are offered as suggestions
- Check for pre-requisites

<u>Freshman Year</u> (through summer)	<u>Hours</u>
ENGL 1101("C" or better)	3
ENGL 1102("C" or better)	3
Area A – Math (MATH 1113 – PT/OT Track)	3
Area B – Global Course	3
Area B – Modern Language	4
Area D – Lab Science 1 (PT Track – BIOL 1107K or CHEM 1211/L)	4
Area D – Lab Science 2 (PT Track – BIOL 1108K or CHEM 1212/L)	4
Area E – HIST 2111, HIST 2112, or POLS 1101 (Choose one)	3
Area F – Approved Elective	1



Complete by 30 hrs.
Area A

<u>Sophomore Year</u> (through summer)	
Area C – Fine Arts/Philosophy (COMM 1110 suggested)	3
Area C – Literature or Modern Language 2001 or 2002	3
Area D – Math (MATH 1401 suggested)	3
Area E – Social Science Elective	3
Area E – Behavioral Science Elective	3
Area F – COMM 1110 (if taken in Area C, consult w/advisor)	3
Area F – KINS 2100	3
Area F – BIOL 2120K	4
Area F – BIOL 2130K	4

Apply: Admittance to Exercise Science – December

<u>Junior Year</u> (through summer)	
KINS 3335	3
KINS 3012	3
KINS 3101	3
KINS 3305	3
KINS 3360	3
KINS 4380	3
KINS 4450	3
KINS 4460	3
*KINS 3350	3
*KINS 3380/L	4

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Senior Year

*KINS 4435	2
*KINS 3200	3
*KINS 4420	3
*KINS 4471	3
*KINS 4480	3
**KINS 4490 (Internship: Exercise Science)	12
Approved Elective	3
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Semester Hours	120

Notes:

- * Admission to Exercise Science or permission of instructor required for enrollment.
- ** Admission to Exercise Science and permission of instructor required for enrollment.
- All Kinesiology majors are required to hold current CPR & Basic First Aid Certification throughout their Internship experiences.
- Students are strongly encouraged to complete BIOL 2120K and 2130K (a grade of "C" or better is required) during their sophomore years and apply for admittance to Exercise Science before their junior years.
- An approved Plan of Study (POS) needs to be in the Registrar's Office before 90 semester hours have been completed.

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