

Kinesiology – Emphasis Health & Fitness B.S. Course Planning Guide

-Does not guarantee course availability and must be used in consultation with your Academic Advisor.

--Area B through Area E courses are offered as suggestions

---Check for pre-requisites

<u>Freshman Year</u> (through summer)		<u>Hours</u>
ENGL 1101 (“C” or better)	} Complete by 30 hrs. Area A	3
ENGL 1102 (“C” or better)		3
Area A – Math		3
Area B – Global Course		3
Area B – Modern Language		4
Area D – Lab Science 1		4
Area D – Lab Science 2		4
Area E – HIST 2111, HIST 2112, or POLS 1101 (Choose one)		3
Area F – Approved Elective		1

<u>Sophomore Year</u> (through summer)		
Area C – Fine Arts/Philosophy (COMM 1110 suggested)		
Area C – Literature or Modern Language 2001 or 2002		3
Area D – Math (MATH 1401 suggested)		3
Area E – Social Science Elective		3
Area E – Behavioral Science Elective		3
Area F – BIOL 2120K		4
Area F – BIOL 2130K		4
Area F – COMM 1110 (if taken in Area C, consult w/advisor)		3
Area F – KINS 2100		3
Area F – Business Elective (2000-level)		3

Apply: Admittance to Health & Fitness – Spring

<u>Junior Year</u> (through summer)		
KINS 3335		3
**KINS 3012		3
**KINS 3023		3
**KINS 3305		3
KINS 3360		3
**KINS 4415		3
**KINS4425		3
**KINS 4450		3
**KINS 4460		3
Electives or Minor Courses*		17

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Senior Year

KINS 3380/L	3
KINS 4012	3
KINS 4420	3
KINS 4430/L	3
KINS 4480	3
Electives or Minor Courses*	10
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Semester Hours	120

Notes:

- Students are strongly encouraged to complete BIOL 2120K and 2130K (a grade of "C" or better is required) during their sophomore year and apply for admittance to Health & Fitness before their junior year.

*Students need a total of 20 combined hours in consultation with an advisor between electives and/or UNG Minor courses, but minor is not required.

**Prerequisites BIOL 2120K and 2130K needed before taking these courses.